

**PROCLAMATION TO CELEBRATE  
POWERHOUSE GYM TROY  
25 YEARS IN BUSINESS**

**WHEREAS**, Twenty-five years ago, **George Shaouni** opened **Powerhouse Gym Troy** as a way to share his passion for health and fitness with his friends, family and his community. He has helped countless members improve their health by sharing his knowledge of exercise and nutrition; and

**WHEREAS**, Over the past 25 years, **George** has evolved **Powerhouse Gym** from a bodybuilding center to a fitness facility that caters to all types and levels of gym-goers. He strives to ensure that there is programming, equipment and trainers available for men and women from beginners to trained athletes. While many gyms make promises, **George** takes the time to make sure his members get the results they are seeking; and

**WHEREAS**, A testament to **George's** service, some members have worked out at **Powerhouse Gym Troy** since it opened 25 years ago. Others joined as teenagers, and he has enjoyed watching them progress as they grew into adulthood; and

**WHEREAS**, **Powerhouse Gym** offers 24/7/365 access with updated cardio and fitness equipment, personal training services, group fitness sessions, Live Cryo chamber, MyZone heart rate monitors and training, full supplement store, smoothie and shake bar and a full line of branded apparel plus much more; and

**WHEREAS**, **George** has taken special care of our community's law enforcement and first responders through memberships, donations and fundraisers. On September 11, **Powerhouse Gym** printed and sold limited edition t-shirts, donating 100% of the proceeds to the Red Cross. **George** has always supported police fundraising efforts by donating memberships for raffles. When the gym opened in 1991, every police officer was given a free membership and he also donated equipment to help furnish the Troy Police Department's gym; and

**NOW, THEREFORE, BE IT RESOLVED**, That the Mayor and City Council of the City of Troy hereby congratulate **George Shaouni and Powerhouse Gym Troy on their 25<sup>th</sup> anniversary** in the City of Troy; and

**BE IT FURTHER RESOLVED**, That the Mayor, City Council and City Management join the citizens of this community in celebration of the **25<sup>th</sup> anniversary of Powerhouse Gym Troy** and look forward to it being part of Troy for many more years to come, reaching more people in our community to help them reach their fitness goals and live each day healthier.

Presented this 5<sup>th</sup> day of December 2016.