

PROCLAMATION
Family Day – A Day to Eat Dinner With Your Children
September 22, 2008

WHEREAS, The use of illegal drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children; and

WHEREAS, Surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families, the less likely they are to smoke, drink and use illegal drugs; and

WHEREAS, Teenagers who virtually never eat dinner with their families are 72 percent more likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS, Teenagers who almost always eat dinner with their families are 31 percent less likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS, The correlation between family dinners and reduced risk for teen substance abuse are well documented. Parental influence is known to be one of the most crucial factors in determining the likelihood of substance abuse by teenagers; and

WHEREAS, Given these facts and in recognition that family dinners have long constituted a substantial pillar of family life in America, CASA at Columbia University conceived Family Day – A Day to Eat Dinner with Your Children, now in its eighth year; and

WHEREAS, The following local merchants together with the Troy Community Coalition for the Prevention of Drug and Alcohol Abuse are working together to make Family Day a success in our City: Papa Romano's, Bangkok Bistro, Hollywood Markets, Nino Salvaggio, and Chipotle;

NOW, THEREFORE, BE IT RESOLVED, that the City Council of the City of Troy hereby proclaims **September 22, 2008 as Family Day – A Day to Eat Dinner with Your Children** in the City of Troy;

BE IT FURTHER RESOLVED, That we invite all Troy residents to recognize and participate in the observance of **Family Day**, now in its eighth year, and encourage everyone to eat dinner together with their children.

Presented this 22nd day of September 2008.