



PRESS RELEASE

Contact: Cynthia Stewart
Community Affairs Director
500 West Big Beaver
Troy MI 48084
ph 248.524.1147
fax 248.524.3499

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City of Troy Lifeguards Sweep State Skills Competition

(TROY, MI) – Four lifeguards from Troy claimed first-place honors at the annual Michigan Recreation and Park Association Lifeguard Competition on Friday, August 7. The half day-long event, held at the Troy Family Aquatic Center, tests participant's skills in five categories to sharpen skills and determine bragging rights through challenging physical and mental tests.

"The MRPA Lifeguard Competition presents guards with intense physical and mental challenges," said MRPA Executive Director Dennis Schornack. "The event helps lifeguards keep their skills sharp, while having fun in a friendly, yet competitive atmosphere."

The lifeguards compete in teams of two at the MRPA competition, with participants divided between a women's and men's division. Teams compete in five events: CPR, spinal rescues, retrieval drills, tug of war and the monster event. The Monster event is an obstacle course designed differently each year to be both physically and mentally challenging for the guards.

Teams from the Troy Family Aquatic Center took first-place honors in both the men and women's competitions. The team of Kyle Curry and Scott Johnson narrowly won the men's competition with a total of 86.5 points, while Nicki Rockentine and Lisa Inman dominated the women's competition with a final score of 89 points.

Erica McIsaac and Rebecca Gleit, also representing Troy, earned third place in the women's division with 78 points, while teammates Alex Houck and Alex Solak took third in the men's competition with a score of 80 points.

"The competition was really close this year, and the overall skill of the lifeguards was exceptional," said Jamie Freese from the City of Livonia who was the key event organizer. "The City of Troy were fantastic hosts, they definitely contributed to the overall success of the competition."

The competition was hosted by the Michigan Recreation and Parks Association Aquatics Committee. Sponsors included Advanced Pool Services, Hasty Awards, Water Safety Products, Aquatic Source, Dick's Sporting Goods, Footprints Sportswear, Northwest Pools and The Lifeguard Store. To learn more about the competition, contact Jamie Freese at jfreese@ci.livonia.mi.us

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