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**OAKLAND COUNTY COMMUNITY MENTAL HEALTH AUTHORITY**

**Mental Health Month - May, 2010**

**CITY OF TROY  
CITY MANAGER'S OFFICE**

- WHEREAS, mental health is critical for our individual well-being and vitality as well as that of our families, communities and businesses; and
- WHEREAS, one in four (25%) of all Americans experience a mental health illness that requires treatment at some point in their lives; and
- WHEREAS, one in 10 children has a serious mental illness that, if untreated, can lead to school failure, physical illness, substance use, jail and even suicide; and
- WHEREAS, May 6<sup>th</sup> has been designated the National Children's Mental Health Awareness Day; and
- WHEREAS, stigma and stereotypes associated with mental illnesses often keeps those living with such an illness from seeking treatment that could improve their quality of life and help them manage the illness effectively; and
- WHEREAS, mental illness is a biologically based brain disorder that cannot be overcome through "will power" and is not related to a defect in a person's "character" or intelligence; and
- WHEREAS, the National Institute of Mental Health reports that mental disorders are the leading cause of disability in the United States and Canada for ages 15-44; and
- WHEREAS, mental health recovery is a journey of healing and transformation enabling a person with a mental illness to live a meaningful life in a community of his or her choice while striving to achieve his or her full potential; and
- WHEREAS, mental health recovery not only benefits individuals with mental health disabilities by focusing on their abilities to live, work, learn and fully participate in our society, but also enriches the texture of our community life; and
- WHEREAS, the Oakland County Community Mental Health Authority has established and is committed to empowering the individuals we serve to live full self-determined lives, embracing recovery, resilience responsibility and independence.

NOW, THEREFORE, BE IT RESOLVED that, Oakland County Community Mental Health Authority, hereby recognizes May 2010 as Mental Health Month. OCCMHA calls upon our citizens, government agencies, public and private institutions, businesses and schools to recommit our state to increasing awareness and understanding of mental illness, and the need for appropriate and accessible services for all people with mental illnesses to promote recovery.